



About the Speaker: **Nanette Saylor**

Focused on nurturing creative expression as a tool for personal and professional growth, **Nanette Saylor** authored **The Art of Journaling to Grow Your Business - An Entrepreneurs Guide To Authentic Marketing** based on her 6 part workshop series. In it she shares her secrets for banishing writer's block and creating masterful marketing messages with ease, starting with **"No rules -- just write!"**.

Driven by her desire to inspire limitless possibilities in women ready to take their lives back, she turned her personal philosophy into **The 12 Baby Steps Foundation Formula for Creating More Clarity, Serenity and Success**. It's through this program that she supports her clients to create simple routines and practices that provide the foundational support they need to be their best and to live a life full of joy and gratitude.

Nanette supports the non-profit **Trash to Treasure – Creative Re-Use Center** in Fort Lauderdale with her time and resources. She teaches **Creative Expressions & Visual Affirmations at Lifestyles College of Development**, serving adults in recovery from addictions. She is a **Leadership Broward** graduate, a **Certified MastHERmind Facilitator**, an active member of the **Creativity Coaches Association** and a member of the **International Association of Journal Writers**. Today Nanette is passionate about working with organizations and individuals that support community good, self discovery and overall wellness.

A long time resident of South Florida, Nanette lives in Boca Raton. When she's not busy coaching, teaching, writing or volunteering, Nanette spends her leisure time living simply, cherishing every moment with her life partner, Bill, her amazing daughter Meredith and her friends and family.

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